

*1 in 5 people in our area are food insecure.*

*If you or someone you know has a food need, the following options are available:*

## Bremer County Food Resources

presented by:



For additional information contact:  
Waverly-Shell Rock Area United Way  
319-352-2582 or  
[director@wsrunityway.org](mailto:director@wsrunityway.org)

### Salvation Army

**Program offered:** Emergency Living Assistance

**Contact Information:** Salvation Army at  
Crosspoint Church

**Eligibility:** Bremer or Butler County resident and must  
meet needs assessment

### Bremer County Iowa State University Extension and Outreach

**Programs Offered:** Science and research-  
based nutritional and family information, plus toll-free  
“Answer Line” with real people.

**Contact Information:**

Ron Lenth

[rlenth@iastate.edu](mailto:rlenth@iastate.edu)

[www.extension.iastate.edu/bremer](http://www.extension.iastate.edu/bremer)

319-882-4275

**Eligibility:** Open to all

### Bremer County Veterans Affairs

**Programs Offered:** Veterans General Assistance

**Contact Information:**

Neal Jarnagin

(319) 352-4209

[njarnagin@co.bremer.ia.us](mailto:njarnagin@co.bremer.ia.us)

<http://www.bremercountyva.org/general-relief/>

**Eligibility:** Must be a veteran or immediate family member  
(spouse, dependent adult or child) as defined by Chapter  
35.1 of the Iowa Code and have a basic, emergency need  
that cannot be met by other means. Additionally, they must  
be a resident of Bremer County, meet certain income/asset  
guidelines, be registered with Iowa Workforce  
Development, and apply for all other assistance in the area.

### Cedar Valley Friends of the Family

**Program(s) offered:** Emergency Safe Shelter, Rapid-  
Rehousing, Transitional Housing, Permanent Supportive  
Housing, and Prevention Education

**Contact Information-**

319-352-1108; 1-800-410-SAFE;

[admin@cvfriendsofthefamily.org](mailto:admin@cvfriendsofthefamily.org)

**Eligibility-**Anyone that is fleeing domestic violence/sexual  
assault and/or that is struggling with homelessness may  
qualify for services.

### Department of Human Services

**Program Offered:** SNAP (Supplemental Nutritional  
Assistance Program);

**Contact Information:** 877-204-3822;

**Eligibility:** Income and resource limits based on household  
size and composition.

### Helping Services of Northeast Iowa

**Program offered:** Emergency Food Boxes & Transitional  
Housing

**Contact Information:** 1-800-383-2988; 24 hours a day.

[www.helpingservices.org](http://www.helpingservices.org)

**Eligibility:** Individuals and families who are victims of  
domestic violence

### Northeast Iowa Area Agency on Aging

**Programs offered:** Congregate meals at the Waverly  
Senior Center, Home Delivered Meals, Frozen and shelf  
stable meals for the weekends and inclement weather  
(meals are offered to eligible participants on a contribution  
basis) Senior Farmers Market Program (available beginning  
June 1<sup>st</sup>), Elderly Nutrition Boxes and Weekends Bags

**Contact information:** LifeLong Links at 1-866-468-7887

**Eligibility:** Individuals 60 years of age or older; Spouse of  
any age. Additional services may be available for those 60  
and over or those disabled between the ages of 18 and 60.

### Northeast Iowa Community Action Corporation (NEICAC)

**Program(s) offered:** Low-Income Home Energy  
Assistance (LIHEAP), Emergency Utility and Rent  
Assistance, Food Pantry, Head Start, Weatherization,  
Family Development & Self-Sufficiency (FaDSS) Program,  
Energy Crisis Intervention Program (ECIP), Tenant Based  
Rental Assistance (TBRA) and Disaster Assistance when  
Governor declares a disaster and includes the Individual  
Assistance Program.

**Contact Information:** (319) 352-4532 M-W-F from  
7:00am – Noon

**Program Eligibility:** All programs are based on household  
income and vary from program to program.

**Northeast Iowa Food Bank**

**Program(s) offered:** Mobile Food Pantry, Second Tuesday of each month from 5:30 to 6:30 pm at Vineyard Church in Waverly and Boyd Community Building in Shell Rock from 5:00pm-6:00pm also the 4<sup>th</sup> Thursday at Faith United Church of Christ in Tripoli from 5:00pm-6:30pm; Backpack Program is through the School System; Elderly Food Boxes are through the Senior Center for homebound Seniors and Bags of Food for Seniors in need who come to the Center; Food to Qualified Nonprofit Organizations-call the Food Bank for more information

**Contact Information:** Karen Erickson, Director of Programs 319-235-0507 or Barbara Prather, Executive Director

**Eligibility:** Depends on the Program call the Northeast Iowa Food Bank for details.

**Peace United Community Meal**

**Program Offered:** Free Community Meal Every Thursday Night from 5:30pm-6:30pm.

**Location:** Peace United Church, 1800 11<sup>th</sup> Street S.E.

**Contact Information:** 319-352-3151

**Eligibility:** Open to all

**Saint's Café Community Meal**

**Program Offered:** Free Community Meal Every Monday Night from 5:00pm-6:30pm.

**Location:** St. Paul's Lutheran Church (Transportation available)

**Contact Information:** St. Paul Lutheran Church (319) 352-1484, Redeemer Lutheran Church (319) 352-1325, St. Andrew Episcopal Church (319) 352-1489, Trinity United Methodist Church (319) 352-2590, Heritage United Methodist Church (319) 352-1776, St. Mary Catholic Church (319) 352-2493.

**Eligibility:** Open to all

2020 POVERTY INCOME GUIDELINES			
Family Size	100%	150%	200%
1	\$12,760	\$19,140	\$25,520
2	\$17,240	\$25,860	\$34,480
3	\$21,720	\$32,580	\$43,440
4	\$26,200	\$39,300	\$52,400
5	\$30,680	\$46,020	\$61,360
6	\$35,160	\$52,740	\$70,320
7	\$39,640	\$59,460	\$79,280
8	\$44,120	\$66,180	\$88,240

**Summer Lunch Program**

**Program Offered:** Lunch & Activities held weekdays for youth ages 5-18 (June 12-August 11) 11:30am-12pm lunch, 12pm-1:30 literacy/enrichment activities

**Location:** Southeast Elementary(Transportation Available)

**Contact Information:** Waverly-Shell Rock Area United Way (319)352-2582

**Eligibility:** Open to all

**Waverly Café**

**Program offered:** Weekly Community Meal served each Wednesday from 5:30-6:30pm held at Grace Baptist

**Contact Information:** 1110 4th St SW, Waverly, IA; 319-352-2656

**Eligibility:** No eligibility requirements. Everyone welcome.

**Waverly Sharing Gardens**

**Program Offered:** Providing fresh vegetables for those in need utilizing volunteers.

**Contact Information:** Waverly Leisure Services- 319-352-6263, [garden@ci.waverly.ia.us](mailto:garden@ci.waverly.ia.us)

**Eligibility:** N/A

**Waverly-Shell Rock Area United Way**

**Program Offered:** Offering local referrals and program information as well as 24 hour crisis assistance and referrals through 2-1-1

**Contact Information:** Dial 2-1-1 for 24 hour crisis assistance or referrals; local contact (319)352-2582 or

[director@wsrunitedway.org](mailto:director@wsrunitedway.org)

**Eligibility:** N/A

**Program Offered:** FREE Summer Lunch & Enrichment Program offered June 11-Aug 10 (M-F 11:30 lunch; Noon-1:15pm Enrichment) at Southeast Elementary School

**Contact Information:** (319)352-2582 or

[director@wsrunitedway.org](mailto:director@wsrunitedway.org)

**WIC (Women, Infants, & Children)**

**Programs offered:** Nursing and Dietitian Assessment, Peer Counseling for Breastfeeding Women and the provision of food instruments for women and/or children that qualify

**Contact Information:** Sue A. Burnett, [sburnett@operationthreshold.org](mailto:sburnett@operationthreshold.org), (319) 824-3460

**Eligibility:** Families may qualify if they are women who are pregnant, breastfeeding, postpartum or have children under 5. Additionally, there are income guidelines for these families