

FITNESS AREA RULES



YOU MUST BE 14 YEARS OLD TO ENTER FITNESS AREA ALONE.



CHILDREN 13 YEARS AND YOUNGER
MUST BE ACCOMPANIED BY AND
DIRECTLY SUPERVISED BY A
PARENT OR GUARDIAN.



ALL ARTICLES OF CLOTHING, SHOES, BAGS, AND OTHER PERSONAL BELONGINGS MUST BE PLACED IN A CUBBY.



APPROPRIATE EXERCISE
CLOTHING AND
FOOTWEAR IS REQUIRED.



REFRAIN FROM WEARING SCENTED LOTIONS, PERFUME, OR COLOGNE.



SLAMMING OR DROPPING WEIGHTS IS PROHIBITED.



FOOD, GUM, TOBACCO PRODUCTS, AND OPEN BEVERAGE CONTAINERS ARE PROHIBITED.



WIPE DOWN
ALL EQUIPMENT
AFTER USE.



THE W IS
NOT RESPONSIBLE FOR
LOST OR STOLEN ITEMS.