

SYMPTOMS, TESTING, CONTACT TRACING

- Students, faculty, or staff experiencing COVID-19 symptoms **should not engage in any campus activities** until testing can be completed or another diagnosis can be made. Unvaccinated individuals who have had a known COVID-19 exposure also will be instructed to refrain from campus activities until being released by the contact tracing team (see timelines on page two). Vaccinated individuals who have been exposed to COVID-19 should email **covidresponse@wartburg.edu** to receive instructions and set up a testing time. They will not be expected to quarantine during that time.
- Our on-campus **Noah Campus Health Clinic (319-352-8436)**, operated by Waverly Health Center, will have access to testing for students, faculty, and staff experiencing symptoms. The College will administer tests for individuals who have a known exposure but are asymptomatic. Email **covidresponse@wartburg.edu** to set up an appointment.
- If someone tests positive for COVID-19, the health service provider will give them instructions for caring for themselves and protecting others through isolation during their illness. If you are not diagnosed at Noah Campus Health Clinic or through a Wartburg testing site, please email **covidresponse@wartburg.edu** so that thorough contact tracing can be completed.
- Providers at Noah Campus Health Clinic will notify the College's Contact Tracing Team of the diagnosis. The team lead will mobilize one or more of the College's internal contact tracers to identify individuals from the campus community who had exposure to the diagnosed person. Definitions of exposure for this purpose include direct physical contact and close contact (within 6 feet for 15 minutes or more over the course of a 24-hour period).
- In certain incidents, including large gatherings where masks and physical distancing guidelines are not observed, proximate contacts (more than 6 feet proximity for greater than 30 minutes) also may be considered an exposure.
- Contact tracers will notify the Dean of Faculty Office regarding students in quarantine or isolation and provide specific details regarding the amount of time until they are expected to return to class.

SYMPTOMS OF COVID



Fever or chills



Cough



Difficulty breathing /shortness of breath



Fatigue



Muscle or body aches



Headache



Loss of taste or smell



Sore throat



Congestion or runny nose



Nausea or vomiting



Diarrhea

QUARANTINE/ISOLATION

Quarantine: An unvaccinated individual or an individual who is eligible for but has not received a booster shot who has been exposed to COVID-19 will stay at home or in their residence hall room while separating themselves from others and monitoring health. They will be contacted daily to assess symptoms and health status. **Individuals will remain in quarantine for five days from the point of exposure and can be released only if they have no symptoms and have proof of a negative test.**

Isolation: An individual who tests positive for COVID-19 is removed from interaction with the campus community and moved to an isolated living space. They will be contacted daily to assess symptoms and health status. **Individuals will remain in isolation for a minimum of five days, at which point those who are asymptomatic or whose symptoms are resolving will be tested again.** If that test is negative, the individual can be released, but will be expected to mask when around others for at least another five days. Those who are still symptomatic or test positive on day five will be offered a test on each of the following days until they are negative or reach day 10.



CONTACT TRACING

You will be contacted by the College if you were in close contact (as defined on page 1) with an individual who has tested positive for COVID-19. In all instances below, it is strongly encouraged that you wear a mask for at least 10 days and monitor your health closely for symptoms.

- **If you are symptomatic**, you will be tested immediately.
- **If you are unvaccinated**, you will be placed in quarantine for no fewer than five days and can be released only if you have no symptoms and proof of a negative test (which can be administered on campus).
- **If it has been more than two months since you received your Johnson & Johnson vaccine or more than six months since you received the second dose of an mRNA vaccine (Pfizer and Moderna in U.S.),** you will be placed in quarantine for no fewer than five days and can be released only if you have no symptoms and proof of a negative test (which can be administered on campus).
- **If it has been less than two months since you received your Johnsons and Johnson vaccine, fewer than six months since you received the second dose of an mRNA vaccine (Pfizer and Moderna in the U.S.), or you have received your booster shot,** you will be monitored for symptoms but will not be required to quarantine. You will be tested between days three and five.