SYMPTOMS, TESTING, CONTACT TRACING

• Students, faculty, or staff experiencing COVID-19 symptoms **should not engage in any campus activities** until testing can be completed or another diagnosis can be made. Unvaccinated individuals who have had a known COVID-19 exposure also will be instructed to refrain from campus activities until being released by the contact tracing team (see timelines on page two). Vaccinated individuals who have been exposed to COVID-19 should email **covidresponse@wartburg.edu** to receive instructions and set up a testing time. They will not be expected to quarantine during that time.

• Our on-campus **Noah Campus Health Clinic (319-352-8436)**, operated by Waverly Health Center, will have access to testing for students, faculty, and staff experiencing symptoms. The College will administer tests for individuals who have a known exposure but are asymptomatic. Email **covidresponse@wartburg.edu** to set up an appointment.

• If someone tests positive for COVID-19, the health service provider will give them instructions for caring for themselves and protecting others through isolation during their illness. If you are not diagnosed at Noah Campus Health Clinic or through a Wartburg testing site, please email **covidresponse@wartburg.edu** so that thorough contact tracing can be completed.

• Providers at Noah Campus Health Clinic will notify the College’s Contact Tracing Team of the diagnosis. The team lead will mobilize one or more of the College’s internal contact tracers to identify individuals from the campus community who had exposure to the diagnosed person. Definitions of exposure for this purpose include direct physical contact and close contact (within 6 feet for 15 minutes or more over the course of a 24-hour period).

• In certain incidents, including large gatherings where masks and physical distancing guidelines are not observed, proximate contacts (more than 6 feet proximity for greater than 30 minutes) also may be considered an exposure.

• Contact tracers will notify the Dean of Faculty Office regarding students in quarantine or isolation and provide specific details regarding the amount of time until they are expected to return to class.

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**SYMPTOMS OF COVID**

- Fever or chills
- Cough
- Difficulty breathing/shortness of breath
- Fatigue
- Muscle or body aches
- Headache
- Loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

WWW.WARTBURG.EDU/KNIGHTS-CARE
QUARANTINE/ISOLATION
/FULLY VACCINATED

Quarantine: An unvaccinated individual who has been exposed to COVID-19 will stay at home or in their residence hall room while separating themselves from others and monitoring health. They will be contacted daily to assess symptoms and health status. **Individuals will remain in quarantine for seven days from the point of exposure if the person has tested negative and no symptoms have developed or 10 days if a test was not administered and no symptoms have developed, unless they are excused by the College’s contact tracers.** (Updated January 2020)

Isolation: An individual who tests positive for COVID-19 is removed from interaction with campus community and moved to an isolated living space. They will be contacted daily to assess symptoms and health status. **Individuals will remain in isolation for a minimum of 10 days if symptoms improve.**

Fully Vaccinated: An individual is fully vaccinated when **14 days have passed since the final dose of their vaccine** (first dose for one-dose vaccines like Johnson & Johnson or second dose for two-dose series like Pfizer and Moderna).

**IF YOU ARE VACCINATED:**

You will be contacted by the College if you were in close contact (as defined above) with an individual who has tested positive for COVID-19. **If you are symptomatic, you will be tested and placed in quarantine until the results are available. If you are not symptomatic, contact tracers will strongly encourage you to wear a mask for the next 14 days and monitor for symptoms.** Vaccinated students should be tested for COVID-19 between days three and five (when viral load is highest).

**IF YOU ARE NOT VACCINATED:**

You will be contacted by the College if you were in close contact (as defined above) with an individual who has tested positive for COVID-19. **If you are symptomatic, you will be tested immediately. Regardless of symptoms, you will be placed you in quarantine** (either at home or in your residence hall room). Asymptomatic individuals who choose to be tested for COVID-19 between days five and seven and who receive a negative test result will be released after seven days. Those who are not tested and do not develop symptoms will remain in quarantine for 10 days. During that time, they will be contacted daily to assess symptoms and health status.

All students in quarantine or isolation will have **meals delivered to their place of quarantine/isolation. Students may request accommodations in their classes**, such as turning in assignments late or rescheduling exams, but those decisions will be made by faculty on a case-by-case basis.