

THE W POOL HOURS MAY 25-JULY 31, 2025

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15 a.m.	Lap Swim ONLY 5:15-7 a.m.						
6 a.m.	Lap Swim ONLY 5:15-7 a.m.						
7 a.m.	Swim Team 7-10:15 a.m.					Lap Swim ONLY 7-9 a.m.	
8 a.m.	Swim Team 7-10:15 a.m.					Lap Swim ONLY 7-9 a.m.	
9 a.m.	Swim Team 7-10:15 a.m.						
10 a.m.	Senior Lap & Vortex Swim 10-11 a.m.					Family Swim and Lap Swim 10 a.m.-1 p.m.	
11 a.m.	Lap swim & Vortex ONLY 11 a.m.-1 p.m.					Family Swim and Lap Swim 10 a.m.-1 p.m.	Lap Swim ONLY 11 a.m.-1 p.m.
12 p.m.	Lap swim & Vortex ONLY 11 a.m.-1 p.m.					Family Swim and Lap Swim 10 a.m.-1 p.m.	Lap Swim ONLY 11 a.m.-1 p.m.
1 p.m.							Family Swim and Lap Swim 1-4 p.m.
2 p.m.	Swim Lessons 2-3 p.m.						Family Swim and Lap Swim 1-4 p.m.
3 p.m.							
4 p.m.							
5 p.m.	Swim Lessons 5-7 p.m.	Family Swim and Lap Swim 5-7 p.m.	Swim Lessons 5-7 p.m.	Family Swim and Lap Swim 5-7 p.m.	Family Swim and Lap Swim 5-7 p.m.		
6 p.m.	Swim Lessons 5-7 p.m.	Family Swim and Lap Swim 5-7 p.m.	Swim Lessons 5-7 p.m.	Family Swim and Lap Swim 5-7 p.m.	Family Swim and Lap Swim 5-7 p.m.		



- Swim Team or Swim Lessons
- Lap Swim & Vortex + sauna/steam
- Family Swim + sauna/steam room
- Senior Only + sauna/steam room

Last updated 05-20-26