

SPECIALTY AND PROGRAMING CLASS SCHEDULE JAN.-APRIL 2021

Specialty classes and programs are offered at an additional cost. Pricing for each class is listed at www.wartburg.edu/fitness-programs/#specialty

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5-6 a.m.	Athlete Within	Athlete Within		Athlete Within	Athlete Within	
5:15-6:15 a.m.	Functional Fitness	Functional Fitness		Functional Fitness	Functional Fitness	
10-10:50 a.m.	Delay the Disease (Kerri B)		Delay the Disease (Kerri B)		Delay the Disease (Kerri B)	



Check out our printable grids online for Group Fitness and Specialty Classes! www.wartburg.edu/the-w

Last updated 03-24-21