

# SPECIALTY AND PROGRAMING CLASS SCHEDULE MAY-AUG. 2024

Specialty classes and programs are offered at an additional cost. Pricing for each class is listed at [www.wartburg.edu/fitness-programs/#specialty](http://www.wartburg.edu/fitness-programs/#specialty)

Time	Monday	Tuesday	Wednesday	Thursday	Friday
<b>5-6 a.m.</b>	SWAT (TBD) Athlete Within (TBD)	SWAT (TBD) Athlete Within (Heather B)		SWAT (TBD) Athlete Within (Heather B)	SWAT (TBD) Athlete Within (Chase P)
<b>10-10:45 a.m.</b>	Delay the Disease (Chase M and Kerri B)		Delay the Disease (Chase M and Kerri B)		Delay the Disease (Chase M and Kerri B)



Check out our printable grids online for Group Fitness and Specialty Classes! [www.wartburg.edu/the-w](http://www.wartburg.edu/the-w)

*Last updated 04-18-24*